

TABLE OF CONTENTS

RECIPE	PAGE NUMBER	RECIPE	PAGE NUMBER	RECIPE	PAGE NUMBER
APPLE		EGG		LAMB	
Favorite Apple Pie	1	Egg Pie	27	Wine Braised Lamb	55
Apple Tuna Salad	1	Chicken Stuffed Eggs	27	Boiled Leg of Mutton	55
Apple Bread Pudding	2	Egg Omelet	28	Lamb with Raspberry Sauce	56
Apples and Pine Nut Pilaf	3	Swiss Eggs	28	Irish Stew	56
<i>Song of Solomon, 2</i>	4	<i>Job, 39</i>	29	<i>John, 1</i>	57
BARLEY		FIGS		MEAT	
Barley, Apples and Chicken	5	Figs with Goat's Cheese	31	Veal Roll	59
Baked Barley	5	Fig Pudding	31	Veal Cutlets	59
Pearl Barley	6	Figs with Brandy	32	Beef Stew	60
Barley Soup	7	Fig Jam	32	<i>Luke, 7</i>	61
<i>Ruth, 3</i>	7	<i>Jeremiah, 24</i>	33	MILK	
BUTTER		FISH		Frozen Custard	
Blueberry Butter	9	Fish Simmered in Bouillon	35	Princess Pudding	
Gold Cake	9	Baked Salmon	36	Milk Punch	
1, 2, 3, 4 Cake	10	Salmon Salad	36	<i>Deuteronomy, 31</i>	
Silver Cake	11	<i>John, 21</i>	37	POMEGRANATE	
<i>Isaiah, 7</i>	11	FRUIT		Braised Pomegranate Lamb	
CHICKEN		Fruit Salad		Wild Pomegranate Chutney	
Victorian Chicken Salad	13	Blackberry Cobbler		<i>Haggai, 2</i>	
Chicken Pie	13	Molasses Fruit Cake		PULSE	
Chicken Cutlets	14	<i>James, 3</i>		Pulse and Cabbage Soup	
French Style Chicken	14	GOAT		Mock Turtle Soup with Wine	
Lemon Chicken with Wine	15	Roasted Goat Shoulder		Lima Bean and Onions	
Chicken Pate	16	Rich Goat Soup		Baked Beans	
Brunswick Stew	16	Goat Kabobs		<i>Daniel, 1</i>	
<i>Matthew, 23</i>	17	<i>Deuteronomy, 32</i>		WHEAT	
CORN		GRAPES		Unleavened Bread	
Corn Cakes	19	Grape Jello		Beaten Biscuit	
Indian Snow Cakes	19	Grape Preserves		Light Puffs	
Spoon Bread	20	Unfermented Grape Wine		Buckwheat Cakes	
<i>2 Samuel, 17</i>	21	<i>Matthew, 7</i>		Brown Bread	
DOVES		HONEY		Cheese Puffs	
Baked Apricot Wild Doves	23	Flaming Honey Pears		Cracked Wheat Dessert	
Dove Almandine	23	Honey Butternut Squash Soup		<i>Jeremiah, 41</i>	
Honey Doves	24	Honey Fruit Smoothie		77	
Port Wine Doves	24	Honey Salad with Arugula			
<i>Song of Solomon, 5</i>	25	<i>Proverbs, 16</i>		53	